

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



NOON: Alice Springs Chicken served over Tender Rice, Steamed Broccoli, Wheat Roll, Cherry Cobbler
Additional Selections: Taco Salad with All the Trimmings served with Taco Sauce
1

EVENING: Sweet Onion Pork-Steak with Gravy, Whipped Potatoes, Whole Baby Carrots, Texas Toast, Gelatin with Mixed Fruit
Additional Selections: White Chicken Chili served with Crackers, Blushing Pear Salad on Lettuce Bed

NOON: Baked Ham, Pineapple Bake, Buttered Green Peas, Potato Roll, Butterfinger Cake
Additional Selections: Stuffed Baked Potato, served with All the Trimmings, Herbed Focaccia Bread
2

EVENING: Bistro Burger with Sauteed Mushrooms served on Bun, Crunchy Potato Gems, Oatmeal Raisin Cookie
Additional Selections: Bacon & Spinach Quiche Crunchy Potato Gems, Bran Muffin

NOON: Vegetable Plate: Macaroni & Cheese, Pinto Beans, Stewed Tomatoes, Cornbread Muffin, Turtle Cheesecake Mousse
Additional Selections: Reuben w/swiss Cheese & Sauerkraut on Marble Rye, Corn Chowder
3

EVENING: Chicken, Pasta & Vegetable Casserole, Coastal Cauliflower Salad, Poppy Seed Roll, Ice Cream
Additional Selections: Grilled Cheese Sandwich, Pickle Spear, Tomato Florentine Soup served with Crackers

NOON: Golden Fried Fish with Tartar Sauce, Ranch Seasoned Fries, Creamy Coleslaw, Hushpuppy, Key Lime Pie
Additional Selections: Coney Island Hot Dog on Bun served with Mustard & Onions, Creamy Coleslaw
4

EVENING: Fire-Braised Pork & Vegetable Wrap, Loaded Baked-Potato Soup served with Crackers, Angel Food Cake with Sea Salted Caramel
Additional Selections: Citrus Steak Salad served with Choice of Dressings, Assorted Crackers

NOON: Homestyle Meatloaf, Roasted Garlic-Mashed Potatoes, Cut Green Beans, Cornbread, Strawberry Shortcake
Additional Selections: Bacon, Lettuce & Tomato Sandwich, Mediterranean Chicken-Soup served w/ Crackers
5

EVENING: Cheesiest Lasagna, Tossed Salad served with Choice of Dressings, Herbed Bread Stick, Mixed Fruit Cup
Additional Selections: Chicken Tenders w/ Sauce Roasted Heirloom Potatoes, Tossed Salad w/ Dressing, Roll

NOON: Boneless Pork Chop in Mushroom Sauce, Savory Corn Casserole, Seasoned Spinach, Roll, Red Velvet Cake with Cream Cheese Frosting
Additional Selections: Loaded Italian Sub w/Red Wine Vinaigrette, Potato Chips
EVENING: Crispy Chicken Fillet served on Potato Bun w/BBQ Sauce, Tomato, Lettuce & Pickle, Garlic Oven Wedges, Frosty Sherbet
6

Additional Selections: Chopped Steak w/Stk. Sauce, Garlic Oven Wedges, Tossed Salad w/ Dressing, Roll

NOON: Sweet & Smoky-Baked Fish, Rice Pilaf, Steamed Broccoli with Cheese Sauce Parkerhouse Roll, Lemon Chess Pie
Additional Selections: Chef's Salad served with Choice of Dressings, Assorted Crackers
7

EVENING: Tender Pot Roast with New Potatoes, Whole Baby Carrots, Wheat Roll, Fresh Fruit in Season
Additional Selections: Grilled Peanut Butter & Banana on Raisin Bread, Garden Vegetable Soup served with Crackers

NOON: Resident Choice Meal-Fried Chicken, Greenbean Casserole, Creamed Corn, Roll, Cherry Cobbler
Additional Selections: Grilled Fajita Wrap served with Salsa, Refried Beans
8

EVENING: Ham Salad on Mini Rolls, Pickle Spear, Harvest Grain & Portabello Mushroom Soup served with Crackers, Coconut Bar
Additional Selections: Stuffed Baked Potato served with All the Trimmings, Toasted Onion Muffin

NOON: Juicy Mac Burger with Provolone Cheese & Golden Onion Ring topped with Special Sauce, Cajun Fries, Chocolate S'Mores
Additional Selections: Fresh Tomato Stuffed with Tuna Salad, Macaroni Salad on Lettuce, Assorted Crackers
9

EVENING: Chicken Parmesan served over Linguine, Peas, Herbed Bread Stick, Sunshine Medley
Additional Selections: Fruit Plate: Yogurt, Sliced Fruit, Bread

NOON: Seasoned Pork Loin Praline, Sweet Potato Casserole, Chalet Garlic Vegetables, Cornbread, Strawberry Chiffon Pie
Additional Selections: Pan Pizza, Pickled Peppercornini, Tossed Salad served with Choice of Dressings
EVENING: Gourmet Three Cheese Grilled Sandwich, Sliced Tomatoes, Navy Bean Soup served with Crackers, Angel Lush
Additional Selections: Cobb Salad served with Choice of Dressings, Assorted Crackers
10

NOON: Open Faced Hot Turkey & Gravy on Grilled Texas Toast, Whipped Potatoes, Broccoli Casserole, Mississippi Mud Cake
Additional Selections: Stuffed Green Peppers with Tomato Sauce, Whipped Potatoes / Roll
EVENING: All American Beef & Pasta Bake, Cut Green Beans, Whole Wheat Roll, Chilled Sliced Peaches
Additional Selections: Garden Veggie Burger on Bun served with Relish Plate, Sunchips
11

NOON: Fish 'n Chips served with Malt Vinegar, Chilled Coleslaw, Hushpuppy, Lemon Mousse
Additional Selections: Salisbury Steak, Baked Potato w/Butter, Chilled Coleslaw, Roll
12

EVENING: Homestyle Chicken & Dumplings, Capri Blend Vegetables, Golden Nugget Roll, Old Fashioned-Fruit Cobbler
Additional Selections: Deli Sub Sandwich, Kale & Seared Italian- Sausage Soup Crackers

NOON: Sliced Roasted Beef served with Gravy, Three Cheese Potatoes, Wheat Roll, Chocolate Fudge Pie
Additional Selections: Fruit Plate served w/ Cottage Cheese, Banana Nut Bread
13

EVENING: Smoked Ham served on Herbed Biscuit, Grits Casserole, Fried Green Tomatoes, Apple Dumpling served with Sweet Cream
Additional Selections: Scrambled Eggs & Cheese Grits Casserole, Sliced Tomatoes, Toasted English Muffin

NOON: Cheeseburger on Bun served with Relish Plate, Chips, Ice Cream Bar
Additional Selections: Hot Dog on bun served with Chili, Chips, Cole slaw
14

EVENING: Tuna Salad on Lobster Rolls, Pickle Spear, Cheddar Chowder served with Crackers, Cape Cod Dessert
Additional Selections: Ravioli, Tossed Salad with Choice of Dressings, Bread Stick

NOON: Sweet BBQ Ribs, Baked Beans, Corn on the Cob, Grilled Texas Toast, Carrot Cake
Additional Selections: Taco Salad with all Trimmings
15

EVENING: Swedish Meatballs served over Steamed Rice, Key West Blend, Potato Roll, Cupcake topped with Maple Frosting
Additional Selections: Fried Chicken Livers, Whipped Potatoes, Key West Blend, Wheat Roll

NOON: Homestyle Meatloaf, Whipped Potatoes served with Gravy, Succatash, Jalapeno Cornbread, Chocolate Bar
Additional Selections: Deli Sub Sandwich with Pickle Spear, Chips
EVENING: Baked Ham, Lima Benas, Fried Apples, Parkerhouse Roll, Pumpkin Pie
Additional Selections: Smokehouse Beef, Brisket Sliders, Chunky Tomato & Basil Soup served with Crackers
16

NOON: Ranch Chicken Hashbrown Casserole, Prince Charles Vegetables, Parmesan Chive Toast, Pound Cake
Additional Selections: Loaded Baked Potato with all Trimmings
17

EVENING: Sloppy Joe on Bun, Potato Gems served with Ketchup, Creamy Pea Salad, Ranger Cookie
Additional Selections: Chicken Pot Pie with Golden Crust, Creamy Pea Salad, Roll

NOON: Crunchy Fish Almandine, with Creamy Dill Sauce, Potatoes O'Brien, Broccoli & Bacon Salad, Hushpuppy Muffin, Cookie
Additional Selections: Pizza, Tossed Salad with choice of dressing
EVENING: Grilled Swiss Cheese, Turkey & Caramelized Onions on Roll, Fire Roasted-Vegetable Soup served with Crackers, Melon Chunks
Additional Selections: Chef's Salad served with Choice of Dressings, Assorted Crackers
18

NOON: Cheeseburger on Bun served with Relish Plate, Golden Fries, Double Chocolate-Chip Cookie
Additional Selections: Franks'n Beans, Golden Fries, Garlic Toast
19

EVENING: Sweet & Sour Pork, Fried Rice, Tropical Coleslaw, Egg Roll, Frosty Sherbet
Additional Selections: Clam Chowder served in Bread Bowl, Tomato, Garlic & Basil Bruschetta

NOON: Fried Chicken, Rst.Garlic Mashed Potatoes, Tender Green Beans, Parkerhouse Roll, Cream of Coconut Cake
Additional Selections: Cheesy Pasta Bake, Tender Green Beans, Grilled Texas Toast
20

EVENING: Chili Con Carne served with Oyster Crackers, Stuffed Peach Salad on Lettuce, Blonde Brownie
Additional Selections: Pork Tenderloin on Herbed Biscuit, Hashbrown Patty, Stuffed Peach Salad on Lettuce

NOON: Crispy Fish Po'Boy on Bun served with Spicy Tartar Sauce, Rst.Ranch Potato Wedges, Creamy Coleslaw, Chocolate Eclair Dessert
Additional Selections: Turkey Divan served over Steamed Rice, Glazed Carrots, Wheat Roll
21

EVENING: Breaded Chicken Fillet with Country Gravy, Maple Sweet Potatoes, Black-eyed Peas, Golden Nugget Roll, Chilled Gelatin
Additional Selections: Roasted Veggie Wrap, Minestrone Soup served with Crackers

NOON: Chopped Sirloin Steak served with Steak Sauce Herbed Scored Potatoes Creamed Spinach Bread Stick Banana Pudding
Additional Selections: Southwestern mixed salad with corn & black beans, cilantro ranch dressing, assorted crackers
22

EVENING: BBQ Pork served on Bun with BBQ Sauce, Potato Salad, Golden Vegetable Sticks, Frosty Sherbet
Additional Selections: Fruit Plate served with yogurt and Sweet Orange Bread

NOON: Rotisserie Spiced Chicken, Rice Casserole, Seasoned Green Peas, Potato Roll, Peanut Butter Silk Pie
Additional Selections: Pan Seared Fish w/ Creamy Dill Sauce, Rice Casserole, Stm.Broccoli, Wheat Roll
EVENING: Macaroni & Cheese, Buttered Cabbage, Crunchy Fried Okra, Cornbread Muffin, Lime Kissed Fruit
Additional Selections: Braised Beef with Red Wine Sauce, Macaroni & Cheese, Cinnamon Baked Apples, Parkerhouse Roll
23

NOON: Roasted Turkey with Gravy, Sage Dressing with Cranberry Sauce, California Blend, Roll, Ambrosia
Additional Selections: Chef's Salad, served with Choice of Dressings, Assorted Crackers
24

EVENING: Philly Cheese Steak, Sandwich Farmhouse Chowder served with Crackers, Fresh Fruit in Season
Additional Selections: Waffles served with Syrup & Butter, Sausage Links

NOON: Baked Lasagna, Seven Layer Salad, Parmesan Focaccia-Bread, Cheesecake Swirled Brownie
Additional Selections: Spicy Chicken Wings, Roasted Heirloom Potatoes, Seven Layer Salad, Roll
EVENING: Potato Crunch Cod, Cajun Cream Sauce, Seasoned Potato Wedges, Bowtie Pasta Salad, Hushpuppy, Peanut Butter Cookie
Additional Selections: Gourmet Pimiento Cheese with Fried Green Tomato-Sandwich, Bow-tie Pasta Salad
25

NOON: Glazed Baked Ham with Chipotle Peach Glaze, Roasted Fingerling-Potatoes, squash Casserole, Cornbread Muffin, Chocolate Tangos
Additional Selections: Personal Pan Pizza, Pickled Peppercornini, Tossed Salad with Choice of Dressings
EVENING: Smoked Turkey & Apple on Potato Bun with Tomato & Lettuce, French Onion Soup Served with Crackers, Five Flavor Pound Cake
Additional Selections: Stuffed Baked Potato served with All the Trimmings, Garlic Toast
26

NOON: Beef Stroganoff served over Tender Noodles, Parslied Carrots, Roll, Gelatin Cubes
Additional Selections: Greek Salad with Olives & Feta Cheese served with Olive Oil Dressing, Assorted Crackers
EVENING: Chicken a La Orange, Parma Roasted Potatoes, Italian Green Beans, Golden Nugget Roll, Toffee Pecan Cookie
Additional Selections: Beef Nacho Grande topped with Cheese & served with Salsa
27

NOON: Herbed Pork Loin, Great Northern Beans, Turnip Greens, Cornbread, German Chocolate Cake
Additional Selections: Gourmet Three Cheese Grilled Sandwich, Chunky Tomato-Basil Soup served with Crackers
EVENING: Fish Nuggets served with Tartar Sauce, Hash Browns, Carrot & Raisin Salad, Hushpuppy Muffin, Luscious Lemon Silk
Additional Selections: Grilled Frankfurter on Bun with Mustard & Relish, Carrot & Raisin Salad
28

NOON: Homestyle Chicken & Dumplings, Prince Charles Vegetables, Wheat Roll, Frosted Grape Dessert
Additional Selections: Fruit Plate with Cottage Cheese, Muffin
EVENING: Baked Meatball Sub on Whole Grain Roll topped with Cheese, Lumberjack Vegetable-Soup with Crackers, Snickerdoodle Cake
Additional Selections: Chicken Tenders with Dipping Sauce, Golden Fries, Three Bean Salad
29

NOON: Memphis Style Pulled Pork, Four Bean Bake, Broccoli Slaw, Toasted Focaccia Bread, Old Fashioned Chocolate Cobbler
Additional Selections: Fish Club on Toasted Bun with Avocado Dressing, Broccoli Slaw
30

EVENING: Creamed Turkey over Noodles, Sicilian Vegetables, Bread Stick
Additional Selections: Chef's Salad served with Choice of Dressings, Assorted Crackers

NOON: Fried Chicken, Whipped Potatoes, Braised Green Beans, Poppy Seed Roll, Grand Champion Pie
Additional Selections: Taco Salad with All the Trimmings served with Taco Sauce
31

EVENING: Spaghetti with Italian Meat Sauce & Parmesan Cheese, Caesar Salad with Dressing, Garlic Bread, Rainbow Sherbet
Additional Selections: Deli Sub Sandwich Pickle Spear, California Medley Soup served with Crackers

Name:

Room #:

