

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Name:

Room #:



NOON: Roasted Turkey with Gravy, Sage Dressing with Cranberry Sauce, California Blend, Roll, Ambrosia **1**
Additional Selections: Chef's Salad, served with Choice of Dressings, Assorted Crackers
EVENING: Philly Cheese Steak, Sandwich Farmhouse Chowder served with Crackers, Fresh Fruit in Season
Additional Selections: Waffles served with Syrup & Butter, Sausage Links

NOON: Baked Lasagna, Seven Layer Salad, Parmesan Focaccia-Bread, Cheesecake Swirled Brownie **2**
Additional Selections: Spicy Chicken Wings, Roasted Heirloom Potatoes, Seven Layer Salad, Roll
EVENING: Potato Crunch Cod, Cajun Cream Sauce, Seasoned Potato Wedges, Bowtie Pasta Salad, Hushpuppy, Peanut Butter Cookie
Additional Selections: Gourmet Pimiento Cheese with Fried Green Tomato-Sandwich, Bow-tie Pasta Salad

NOON: Glazed Baked Ham with Chipotle Peach Glaze, Roasted Fingerling-Potatoes, squash Casserole, Cornbread Muffin, Chocolate Tangos **3**
Additional Selections: Personal Pan Pizza, Pickled Pepperoncini, Tossed Salad with Choice of Dressings
EVENING: Smoked Turkey & Apple on Potato Bun with Tomato & Lettuce, French Onion Soup Served with Crackers, Five Flavor Pound Cake
Additional Selections: Stuffed Baked Potato served with All the Trimmings, Garlic Toast

NOON: Beef Stroganoff served over Tender Noodles, Parslied Carrots, Roll, Gelatin Cubes **4**
Additional Selections: Greek Salad with Olives & Feta Cheese served with Olive Oil Dressing, Assorted Crackers
EVENING: Chicken a La Orange, Parma Roasted Potatoes, Italian Green Beans, Golden Nugget Roll, Toffee Pecan Cookie
Additional Selections: Beef Nacho Grande topped with Cheese & served with Salsa

NOON: Herbed Pork Loin, Great Northern Beans, Turnip Greens, Cornbread, German Chocolate Cake **5**
Additional Selections: Gourmet Three Cheese Grilled Sandwich, Chunky Tomato-Basil Soup served with Crackers
EVENING: Fish Nuggets served with Tartar Sauce, Hash Browns, Carrot & Raisin Salad, Hushpuppy Muffin, Luscious Lemon Silk
Additional Selections: Grilled Frankfurter on Bun with Mustard & Relish, Carrot & Raisin Salad

NOON: Homestyle Chicken & Dumplings, Prince Charles Vegetables, Wheat Roll, Frosted Grape Dessert **6**
Additional Selections: Fruit Plate with Cottage Cheese, Muffin
EVENING: Baked Meatball Sub on Whole Grain Roll topped with Cheese, Lumberjack Vegetable-Soup with Crackers, Snickerdoodle Cake
Additional Selections: Chicken Tenders with Dipping Sauce, Golden Fries, Three Bean Salad

NOON: Memphis Style Pulled Pork, Four Bean Bake, Broccoli Slaw, Toasted Focaccia Bread, Old Fashioned Chocolate Cobbler **7**
Additional Selections: Fish Club on Toasted Bun with Avocado Dressing, Broccoli Slaw
EVENING: Creamed Turkey over Noodles, Broccoli and Cheese, Bread Stick
Additional Selections: Chef's Salad served with Choice of Dressings, Assorted Crackers

NOON: Residents choice Meal-Fried Chicken, Corn Casserole, Broccoli and Cheese, Wheat Roll, Key Lime Pie **8**
Additional Selections: Taco Salad with All the Trimmings served with Taco Sauce
EVENING: Spaghetti with Italian Meat Sauce & Parmesan Cheese, Caesar Salad with Dressing, Garlic Bread, Rainbow Sherbet
Additional Selections: Deli Sub Sandwich Pickle Spear, California Medley Soup served with Crackers

NOON: Golden Battered Fish with Dilled Tartar Sauce, Roasted Red Potatoes, Ranch Slaw, Hushpuppy, Malibu Fruit Salad **9**
Additional Selections: Bowl of Beans served with Onion Slice, Ranch Slaw, Cornbread
EVENING: Brisket Sliders, Pickle Spear, Chophouse Potato-Chowder served with Crackers, Cranberry Walnut Cookie
Additional Selections: Baked Ziti w/Cheddar & Parmesan Cheeses, Tossed Salad w/Dressing, Herbed Bread Stick

NOON: Baked Chicken, Rice & Gravy, Winter Blend, Roll, Banana Split Dessert **10**
Additional Selections: Stuffed Baked Potato served with All the Trimmings, Toasted Onion Muffin
EVENING: Country Fried Steak served with Gravy, Au Gratin Potatoes, Field Peas with Snaps, Roll, Fresh Fruit in Season
Additional Selections: Grilled Cuban Sandwich on Flat Bread w/Pickle Spear, Potato Chips

NOON: Honey Glazed Ham, Marshmallow Topped-Whipped Sweet Potatoes, Prince Charles Vegetables, Parkerhouse Roll, Old Fashioned Coca-Cola Cake **11**
Additional Selections: Shrimp & Grits, Prince Charles Vegetables, Cornbread
EVENING: Smoked Turkey Salad on Seven Grain Bread, Creamy Mushroom & Orzo Soup with Herbs served with Crackers, Fresh Apple Slices
Additional Selections: Fruit Plate served with Cottage Cheese, Sweet Orange Bread

NOON: Roasted Beef & Gravy, Sour Cream Potatoes, Broccoli Casserole, Wheat Roll, Chess Pie **12**
Additional Selections: Chicken 'n Waffles served with Maple Syrup, Corn on the Cob with Butter
EVENING: Crunchy Fish Strips with Tartar Sauce Dip, Rst.Ranch Potato Wedges, Coleslaw, Hushpuppy Muffin, Creamy Mousse with Whipped Topping
Additional Selections: Sloppy Joe served on Bun, Coleslaw, Potato Chips

NOON: Chopped Sirloin Steak served with Steak Sauce, Baked Potato with Sour Cream & Chives, Tossed Salad w/Dressing, Grilled Texas Toast, Brownie **13**
Additional Selections: Vegetarian Chili with Oyster Crackers, Sliced Tomato on Lettuce drizzled w/Basil Dressing, Herbed Focaccia Bread
EVENING: Grilled Chicken Fillet served on Bun with Country Honey Mustard, Sliced Tomato on Lettuce, Bacon Cheddar Fries, Berries 'n Cream Parfait
Additional Selections: Egg Salad on Whole Wheat, Tuscany Tomato Bisque served with Crackers

NOON: Boneless Pork Chop with Rst Garlic Cream, Escalloped Apples, Pinto Beans, Cornbread, Rainbow Cake with Topping **14**
Additional Selections: Chef's Salad served with Choice of Dressings, Assorted Crackers
EVENING: Jerk Chicken Wings, Loaded Potato Skins, Creamy Pea Salad, Roll, Iced Sugar Cookie
Additional Selections: Mini Burgers (Sliders) w/ Onions/Mustard/Pickle, Loaded Potato Skins

NOON: Macaroni & Cheese, Seasoned Greens, Stewed Tomatoes, Jalapeno Cornbread, Blackberry Cobbler **15**
Additional Selections: Brats Medallions with Sauerkraut, Macaroni & Cheese, Roll
EVENING: Hearty Pioneer Beef Stew, Crunchy Fried Okra, Biscuit, Frosted Cupcake
Additional Selections: Stuffed Baked Potato served with All the Trimmings, Parmesan Bread Stick

NOON: Fisherman's Platter served with Golden Fries, Cocktail Sauce & Tartar Sauce, Slaw, Hushpuppy, Lemon Cre'me Crepe **16**
Additional Selections: Kentucky Hot Brown topped with Creamy Mornay Sauce, Spicy Slaw
EVENING: Sliced Honey Ham, Lettuce & Tomato on Potato Bun, Pickle Spear, Broccoli Cheddar Soup served with Crackers, Sweet Stuffed Pears
Additional Selections: Smothered Liver & Onions, Whipped Potatoes w/Gravy, Mixed Vegetables, Roll

NOON: Swiss Steak with Tomatoes, Peppers & Onions, served over Rice, Baby Butterbeans, Spoon Roll, Chocolate Glazed-Peanut Butter Cookie **17**
Additional Selections: Toasted Ravoli with Marinara Dipping Sauce, Three Bean Salad, Grilled Texas Toast
EVENING: Personal Pan Pizza, Pickled Pepperoncini, Tossed Salad, served with Choice of Dressings, Malibu Fruit Salad
Additional Selections: Beef Pot Pie, with Golden Crust, Tossed Salad served with Choice of Dressings, Wheat Roll

NOON: Roasted Turkey served with Gravy Sage Dressing with Cranberry Sauce, Seasoned Green Beans, Yeast Roll, Pumpkin Pie **18**
Additional Selections: Country Club Salad served with Tarragon Dressing, Assorted Crackers
EVENING: Tuna Salad served on Croissant, Pickle Spear, Southwest Black Bean Soup served with Crackers, Peaches'n Cream Parfait
Additional Selections: Maple Baked Ham, Glazed Sweet Potatoes, Normandy Blend Biscuit

NOON: Spaghetti with Italian Meat Sauce, Tossed Salad w/Choice of Dressing, Garlic Toast, Tiramisu **19**
Additional Selections: Fruit Plate with Cottage Cheese, Sliced Orange Bread
EVENING: BBQ Drumsticks, Baked Beans, Cucumber, Onion & Sour Cream Salad, Parkerhouse Roll, Melon Chunks
Additional Selections: Deli Sandwich served with Chips, Cucumber, Onion & Sour Cream Salad

NOON: Alice Springs Chicken served over Tender Rice, Steamed Broccoli, Wheat Roll, Cherry Cobbler **20**
Additional Selections: Taco Salad with All the Trimmings served with Taco Sauce
EVENING: Sweet Onion Pork-Steak with Gravy, Whipped Potatoes, Whole Baby Carrots, Texas Toast, Gelatin with Mixed Fruit
Additional Selections: White Chicken Chili served with Crackers, Blushing Pear Salad on Lettuce Bed

NOON: Baked Ham, Pineapple Bake, Buttered Green Peas, Potato Roll, Butterfinger Cake **21**
Additional Selections: Stuffed Baked Potato, served with All the Trimmings, Herbed Focaccia Bread
EVENING: Bistro Burger with Sauteed Mushrooms served on Bun, Crunchy Potato Gems, Oatmeal Raisin Cookie
Additional Selections: Bacon & Spinach Quiche Crunchy Potato Gems, Bran Muffin

NOON: Vegetable Plate: Macaroni & Cheese, Pinto Beans, Stewed Tomatoes, Cornbread Muffin, Turtle Cheesecake Mousse **22**
Additional Selections: Reuben w/swiss Cheese & Sauerkraut on Marble Rye, Corn Chowder
EVENING: Chicken, Pasta & Vegetable Casserole, Coastal Cauliflower Salad, Poppy Seed Roll, Ice Cream
Additional Selections: Grilled Cheese Sandwich, Pickle Spear, Tomato Florentine Soup served with Crackers

NOON: Golden Fried Fish with Tartar Sauce, Ranch Seasoned Fries, Creamy Coleslaw, Hushpuppy, Key Lime Pie **23**
Additional Selections: Coney Island Hot Dog on Bun served with Mustard & Onions, Creamy Coleslaw
EVENING: Fire-Braised Pork & Vegetable Wrap, Loaded Baked-Potato Soup served with Crackers, Angel Food Cake with Sea Salted Caramel
Additional Selections: Citrus Steak Salad served with Choice of Dressings, Assorted Crackers

NOON: Homestyle Meatloaf, Roasted Garlic-Mashed Potatoes, Cut Green Beans, Cornbread, Strawberry Shortcake **24**
Additional Selections: Bacon, Lettuce & Tomato Sandwich, Mediterranean Chicken-Soup served w/ Crackers
EVENING: Cheesiest Lasagna, Tossed Salad served with Choice of Dressings, Herbed Bread Stick, Mixed Fruit Cup
Additional Selections: Chicken Tenders w/ Sauce Roasted Heirloom Potatoes, Tossed Salad w/ Dressing, Roll

NOON: Boneless Pork Chop in Mushroom Sauce, Savory Corn Casserole, Seasoned Spinach, Roll, Red Velvet Cake with Cream Cheese Frosting **25**
Additional Selections: Loaded Italian Sub w/Red Wine Vinaigrette, Potato Chips
EVENING: Crispy Chicken Fillet served on Potato Bun w/BBQ Sauce, Tomato, Lettuce & Pickle, Garlic Oven Wedges, Frosty Sherbet
Additional Selections: Chopped Steak w/Stk. Sauce, Garlic Oven Wedges, Tossed Salad w/ Dressing, Roll

NOON: Sweet & Smoky-Baked Fish, Rice Pilaf, Steamed Broccoli with Cheese Sauce Parkerhouse Roll, Lemon Chess Pie **26**
Additional Selections: Chef's Salad served with Choice of Dressings, Assorted Crackers
EVENING: Tender Pot Roast with New Potatoes, Whole Baby Carrots, Wheat Roll, Fresh Fruit in Season
Additional Selections: Grilled Peanut Butter & Banana on Raisin Bread, Garden Vegetable Soup served with Crackers

NOON: Fried Chicken, Mashed Redskin Potatoes, Sauteed Cabbage, Cornbread, Apple Crescent Dessert **27**
Additional Selections: Grilled Fajita Wrap served with Salsa, Refried Beans
EVENING: Ham Salad on Mini Rolls, Pickle Spear, Harvest Grain & Portabello Mushroom Soup served with Crackers, Coconut Bar
Additional Selections: Stuffed Baked Potato served with All the Trimmings, Toasted Onion Muffin

NOON: Juicy Mac Burger with Provolone Cheese & Golden Onion Ring topped with Special Sauce, Cajun Fries, Chocolate S'Mores **28**
Additional Selections: Fresh Tomato Stuffed with Tuna Salad, Macaroni Salad on Lettuce, Assorted Crackers
EVENING: Chicken Parmesan served over Linguine, Peas, Herbed Bread Stick, Sunshine Medley
Additional Selections: Fruit Plate: Yogurt, Sliced Fruit, Bread

NOON: Seasoned Pork Loin Praline, Sweet Potato Casserole, Chalet Garlic Vegetables, Cornbread, Strawberry Chiffon Pie **29**
Additional Selections: Pan Pizza, Pickled Pepperoncini, Tossed Salad served with Choice of Dressings
EVENING: Gourmet Three Cheese Grilled Sandwich, Sliced Tomatoes, Navy Bean Soup served with Crackers, Angel Lush
Additional Selections: Cobb Salad served with Choice of Dressings, Assorted Crackers

NOON: Open Faced Hot Turkey & Gravy on Grilled Texas Toast, Whipped Potatoes, Buttered Green Peas, Mississippi Mud Cake **30**
Additional Selections: Stuffed Green Peppers with Tomato Sauce, Whipped Potatoes / Roll
EVENING: All American Beef & Pasta Bake, Cut Green Beans, Whole Wheat Roll, Chilled Sliced Peaches
Additional Selections: Garden Veggie Burger on Bun served with Relish Plate, Sunchips

NOON: Fish 'n Chips served with Malt Vinegar, Chilled Coleslaw, Hushpuppy, Lemon Mousse **31**
Additional Selections: Salisbury Steak, Baked Potato w/Butter, Chilled Coleslaw, Roll
EVENING: Homestyle Chicken & Dumplings, Capri Blend Vegetables, Golden Nugget Roll, Old Fashioned-Fruit Cobbler
Additional Selections: Deli Sub Sandwich, Kale & Seared Italian- Sausage Soup Crackers